



Lose the Fight | Part 1

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Big Idea

Lose the fight to win the relationship.

What is a fight?

- The moment you stop trying to resolve a conflict and start trying to win or avoid it.

Proverbs 17:14

Starting a quarrel is like opening a floodgate, so stop before a dispute breaks out.

How we respond to conflict determines if it will become a fight.

- Make it about you
- Make it about me
- Make it about us

Philippians 2:1-3

¹ Is there any encouragement from belonging to Christ? Any comfort from his love? Any fellowship together in the Spirit? Are your hearts tender and compassionate?

² Then make me truly happy by agreeing wholeheartedly with each other, loving one another, and working together with one mind and purpose.

³ Don't be selfish; don't try to impress others. Be humble, thinking of others as better than yourselves.

Three Things I Need To Lose

- Wanting only my way (*James 4:1-3*)
- Working for only my way
- Wounding others in trying to get my way

Response

What shoes do you tend to wear when it comes to conflict in your relationships?

- Combat boots
- Running shoes
- Hiking boots